


	Coupe du Québec -Standards de qualification et temps d'inscription													LÉGENDE	
														Hommes - Bassin long (50m)	
	Catégories	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12		
50m Libre	02:25,46	01:44,72	01:27,23	01:08,75	00:57,90	00:50,18	00:47,90	00:45,82	00:42,78	00:40,75	00:45,55	00:43,28	00:40,88	0:40,72	
100m Libre	05:27,28	03:52,72	03:16,37	02:36,27	02:09,12	01:54,37	01:46,18	01:38,86	01:33,82	01:28,45	01:38,18	01:32,72	01:27,28	01:28,72	
200m Libre	12:14,54	08:45,20	07:33,92	05:47,57	04:51,57	4:04,16	3:45,05	3:32,49	3:07,35	2:55,93	3:24,15	3:12,08	3:00,01	03:14,60	
400m Libre	25:00,80	17:19,58	13:28,82	12:56,83	11:52,32	09:01,55	08:14,37	07:44,40	07:11,68	06:56,72	08:38,20	07:01,82	07:19,38	07:11,68	
50m Dos	03:01,22	01:59,28	01:34,50	01:24,27	01:07,33	1:02,16	0:57,12	0:53,97	0:44,55	0:43,43	1:01,35	0:54,88	0:48,84	0:46,42	
100m Dos	06:15,39	04:16,29	4:17,04	3:26,77	3:28,32	02:15,90	02:07,26	01:56,45	01:46,14	01:42,14	02:06,32	01:50,37	01:43,33	01:43,40	
50m Brasse	05:34,54	05:17,39	01:30,24	1:22,25	1:17,56	1:14,48	1:09,69	0:57,12	0:48,33	N/A	1:06,95	0:54,88	0:48,84	0:46,42	
100m Brasse	8:19,52	5:13,02	4:22,75	03:09,10	02:54,80	02:21,70	02:18,42	02:06,13	01:57,57	N/A	02:16,86	02:01,87	01:58,62	01:52,26	
50m Papillon	3:04,80	01:27,28	01:19,28	01:11,28	01:04,98	00:55,94	00:52,64	1:05,03	0:53,97	0:44,55	0:41,13	0:54,88	0:45,83	0:42,81	
100m Papillon	5:06,88	4:47,88	3:57,62	3:32,49	3:03,68	2:26,72	2:04,52	01:46,30	01:41,46	01:37,55	02:08,35	01:41,46	01:37,34	01:35,79	
150m QNI	16:29,90	13:34,54	07:32,75	05:03,54	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
200m QNI	9:56,96	9:18,63	8:15,80	6:47,84	07:29,84	04:57,31	04:34,22	04:06,74	03:54,40	03:42,34	04:31,87	03:52,72	03:46,38	03:40,29	

	Coupe du Québec -Standards de qualification et temps d'inscription													LÉGENDE	
														Hommes - Bassin court (25m)	
	Catégories	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12		
50m Libre	02:28,37	01:46,81	01:28,97	01:10,13	00:59,06	00:50,18	00:47,90	00:45,82	00:41,94	00:39,95	00:44,66	00:42,43	00:40,08	0:39,92	
100m Libre	05:33,83	03:57,37	03:20,30	02:39,40	02:11,70	01:54,37	01:46,18	01:38,86	01:31,98	01:26,72	01:36,25	01:30,90	01:25,57	01:26,98	
200m Libre	12:29,23	08:55,70	07:43,00	05:54,52	04:57,40	5:44,96	4:04,16	3:40,64	3:28,32	3:03,68	2:52,48	3:28,32	3:16,00	03:03,68	
400m Libre	25:00,80	16:59,20	13:12,96	12:41,60	12:06,57	09:01,55	08:14,37	07:44,40	07:03,22	06:48,55	08:28,04	06:53,55	07:10,76	07:03,22	
50m Dos	03:04,84	02:01,67	01:36,39	01:25,96	01:08,68	1:02,16	0:56,00	0:52,92	0:43,68	0:42,45	1:02,16	0:56,00	0:49,84	0:43,68	
100m Dos	06:22,90	04:21,42	4:22,18	3:30,91	3:32,49	02:16,00	02:07,26	01:56,45	01:44,06	01:40,14	02:03,84	01:48,21	01:41,30	01:41,37	
50m Brasse	05:41,23	05:23,74	01:32,04	1:20,64	1:17,56	1:14,48	1:08,32	0:56,00	0:47,38	N/A	1:08,32	0:56,00	0:49,84	0:47,38	
100m Brasse	8:19,52	5:06,88	4:17,60	03:12,88	02:58,30	02:21,70	02:18,42	02:06,13	01:55,26	N/A	02:14,18	01:59,48	01:56,29	01:50,06	
50m Papillon	2:27,84	01:29,03	01:20,87	01:12,71	01:06,28	00:55,94	00:52,64	0:52,92	0:42,56	0:40,32	0:56,00	0:46,76	0:43,68	0:43,68	
100m Papillon	5:06,88	4:42,24	3:52,96	3:28,32	3:03,68	2:26,72	2:02,08	01:46,30	01:39,47	01:35,64	02:05,83	01:39,47	01:35,43	01:33,91	
150m QNI	16:49,70	13:50,83	07:41,81	05:09,61	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
200m QNI	11:10,88	9:32,88	9:56,96	8:30,72	07:38,84	04:57,31	04:34,22	04:06,74	03:49,80	03:37,98	04:26,54	03:48,16	03:41,94	03:35,97	

	Coupe du Québec -Standards de qualification et temps d'inscription													LÉGENDE	
														Femmes - Bassin long (50m)	
Catégories	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	
50m Libre	03:09,90	02:09,46	01:43,28	01:16,54	01:08,37	01:00,45	00:57,90	00:53,78	00:50,18	00:46,38	00:53,95	00:50,18	00:46,21	0:46,54	
100m Libre	06:47,28	04:43,63	04:06,50	03:09,90	02:31,78	02:18,18	02:04,77	01:54,91	01:45,34	01:40,98	02:00,77	01:48,88	01:41,90	01:41,82	
200m Libre	14:54,54	10:10,91	09:05,46	07:52,72	05:41,98	4:42,24	3:54,08	3:52,96	3:28,32	3:16,00	4:17,60	3:52,96	3:35,04	03:41,14	
400m Libre	16:34,34	11:03,32	9:52,48	8:33,91	7:05,04	09:29,47	09:14,86	08:34,69	08:06,51	07:42,62	09:32,20	08:50,91	07:58,43	08:06,51	
50m Dos	03:38,18	03:01,73	01:59,54	01:41,20	01:21,73	1:14,48	1:08,32	1:02,72	0:56,00	0:49,84	1:08,32	1:03,28	0:56,00	0:56,00	
100m Dos	07:16,37	05:47,90	5:06,88	3:52,96	3:28,32	02:31,60	02:24,10	02:14,38	02:02,00	01:59,23	02:21,23	02:11,15	01:56,85	01:59,33	
50m Brasse	04:21,82	02:32,72	01:49,42	1:45,28	1:39,12	1:32,96	1:20,64	1:08,32	1:02,16	N/A	1:20,64	1:08,32	1:01,60	1:01,60	
100m Brasse	8:48,64	6:45,44	5:06,88	03:51,18	03:10,74	02:55,62	02:48,60	02:27,98	02:15,49	N/A	02:41,78	02:26,42	02:17,70	02:17,73	
50m Papillon	3:04,80	03:09,90	02:18,18	01:56,37	01:30,54	01:07,98	01:04,40	1:08,32	1:02,16	0:56,00	1:08,32	1:02,16	0:56,00	1:02,16	
100m Papillon	6:20,80	5:50,56	5:01,28	4:35,52	4:12,00	3:16,00	2:33,44	02:10,43	01:56,30	01:52,56	02:18,18	02:06,54	01:59,33	01:55,17	
150m QNI	13:49,90	11:38,18	07:16,37	05:57,68	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
200m QNI	11:10,88	9:32,88	9:56,96	8:30,72	07:29,84	05:26,83	05:23,46	04:59,36	04:26,45	04:10,70	05:04,72	04:43,63	04:16,77	04:17,41	

	Coupe du Québec -Standards de qualification et temps d'inscription													LÉGENDE	
														Femmes - Bassin court (25m)	
Catégories	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	
50m Libre	03:13,70	02:12,05	01:45,35	01:18,07	01:09,74	01:00,45	00:57,90	00:53,78	00:49,20	00:45,47	00:52,89	00:49,20	00:45,30	0:45,63	
100m Libre	06:55,43	04:49,30	04:11,43	03:13,70	02:34,82	02:18,18	02:04,77	01:54,91	01:43,27	01:39,00	01:58,40	01:46,75	01:39,90	01:39,82	
200m Libre	15:12,43	10:23,13	09:16,37	08:02,17	05:48,82	4:42,24	3:49,40	3:49,42	3:24,15	3:12,08	4:12,45	4:07,40	3:30,74	03:36,80	
400m Libre	29:23,87	19:59,52	17:53,86	15:34,48	12:41,60	09:29,47	09:14,86	08:34,69	07:56,97	07:33,55	09:20,98	08:40,50	07:49,05	07:56,97	
50m Dos	03:42,54	03:05,36	02:01,93	01:43,22	01:23,36	1:14,48	1:06,95	1:02,01	0:54,88	0:48,84	1:06,95	1:05,61	0:54,88	0:54,88	
100m Dos	07:25,10	05:54,86	5:13,02	3:57,62	3:28,32	02:31,60	02:24,10	02:14,38	01:59,61	01:56,89	02:18,46	02:08,58	01:54,56	01:56,99	
50m Brasse	04:27,06	02:35,77	01:51,61	1:47,39	1:39,12	1:32,96	1:19,03	2:14,15	1:00,92	N/A	1:19,03	1:17,45	1:00,92	1:00,92	
100m Brasse	8:59,21	6:53,55	5:13,02	03:55,80	03:14,55	02:55,62	02:48,60	02:27,98	02:12,83	N/A	02:38,61	02:23,55	02:15,00	02:15,03	
50m Papillon	3:08,16	03:13,70	02:20,94	01:58,70	01:32,35	01:07,98	01:04,40	1:06,95	1:00,92	0:54,88	1:06,95	1:05,61	0:54,88	1:00,92	
100m Papillon	6:28,42	5:57,57	5:07,31	4:41,03	4:12,00	3:16,00	2:30,37	02:10,43	01:54,02	01:50,35	02:15,47	02:04,06	01:56,99	01:52,91	
150m QNI	14:06,50	11:52,14	07:25,10	06:04,83	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
200m QNI	11:24,30	9:44,34	10:08,90	8:40,93	07:38,84	05:26,83	05:23,46	04:59,36	04:21,23	04:05,78	04:58,75	04:38,07	04:11,74	04:12,36	